



# OCTOBER SNACK MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	*Fall Treats will be a mixture of "special" fall snacks. We will display exactly what the snack will be prior to that week*		1 AM: Cereal - Milk  PM: Fruit Snacks - Water	2 AM: Cheez-its - Juice  PM: Cookies - Milk	3 AM: Yogurt Bars- Juice  PM: Chips & Dip - Lemonade	4
5	6 AM: Oat Crisps & Applesauce- Water  PM: Pudding & Vanilla Wafers - Water	7 AM: Donuts- Milk  PM: Pepperoni & Crackers - Koolaid	8 AM: Oranges & Animal Crackers - Water  PM: Chips - Lemonade	9 AM: Poptarts - Milk  PM: Muffins - Juice	10 AM: Graham Crackers & Peanut Butter - Juice  PM: Chex mix - Lemonade	11
12	13 AM: Fruit Cups & Animal Crackers -Water  PM: Variety Snack Pack - Milk	14 AM: Teddy Grahams - Milk  PM: Pringles- Lemonade	15 AM: Blackberries & Crackers - Water  PM: Brownies- Milk	16 AM: Cereal- Milk  PM: Graham Crackers & Marshmallow Fluff - Water	17 AM: English Muffins - Juice  PM: Popcorn - Tang	18
19	20 AM: Fig Newtons- Milk  PM: Rice Krispies- Juice	21 AM: Cheese Squares & Wheat Thins- Juice  PM: Poptarts- Milk	22 AM: Applesauce & Graham Crackers - Milk  PM: Veggies & Goldfish - Water	23 AM: Yogurt & Granola - Water  PM: Cheese Sticks & Ritz Crackers - Water	24 AM: Grapes & Saltines - Water  PM: Cheez-itz - Lemonade	25
26	27 AM: Goldfish- Juice  PM: *Fall Treats	28 AM: Cereal- Milk  PM: Fall Treats	29 AM: Nutrigrain Bars - Juice  PM: Fall Treats	30 AM: Bagels- Juice  PM: Fall Treats	31 AM: Hummus & Pretzels - Juice  PM: Ice Cream	

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